

# **NPC 2011 Florida State/Master** **Bodybuilding, Fitness, Figure and Bikini, Men Physique**

This contest is sanctioned by the NPC, it is open to all NPC members. All contestants must be registered by the NPC. You may register at the weigh in. The NPC sanction fee is \$100.00. There are crossovers permitted in master figure and open figure, open men and master men bodybuilding.

**Check In at: ROSEN CENTRE HOTEL 9840 International Dr. Orlando, FL 32819**

**Host Hotel: ROSEN CENTRE HOTEL:** Call now to receive NPC Florida State discount rate of \$ 99.00 toll-free 1-800-204-7234.

The cut-off date for the discounted rate is August 14, 2011 self parking 50% off when you mention the show.

**Entry Fee: \$80.00** – If received by August 12<sup>th</sup>. Make Money order payable to Dennis Warner. After August 12 add a late fee of \$25.00. We will accept entries on Friday Night with the late fee. **No Checks at Weigh In- CASH ONLY**

(If competing in Master's Figure and Open Figure also Master's Men and Open Men the entry fee is \$160.00 to compete in both contests)

**Weigh In/ Check:** Friday August 19, 2011 at the host hotel 5:00-9:00 PM. **There will be a late weigh in Saturday Aug. 20 in the morning from 7:00am to 7:30am at Dr. Phillips High School.** Bodybuilders must wear posing suit to weigh in, and Bikini competitors must wear suit to be checked.

**Athletes Meeting:** There will be a **mandatory meeting 7:30 am Saturday morning** at Dr. Phillips High School

**Pre-judging will start at 9:00am**

**Posing Music: No profanity on music or you will be automatically disqualified. Music must be cued on CD for 75 seconds.**

Music will be collected at the mandatory meeting before pre-judging.

**Cut here**-----

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone#: \_\_\_\_\_ Email or Web Address \_\_\_\_\_  
 Gym: \_\_\_\_\_ NPC Card # \_\_\_\_\_

LIST ALL NPC COMPETITIONS OVERALL/YEAR-----

**Please check the class that you are entering.**

**Men's Open**

- Bantam Wt. (up to 143 ¼ )
- Light Wt. (143 ¼ to 154 )
- Welter Wt. (154 ¼ to 165 )
- Middle Wt. (165 ¼ -176 )
- Light Heavy (176 ¼ - 198 )
- Heavy Wt. (198 ¼ to 225 )
- Super Heavy Wt.(Over 225 ¼ )

Men Over 70 (one class)

Men Over 60 (one class)

Men Over 50 (one class)

Men Over 40 (two classes)

Men Over 35 (one class)

• Novice Men (one class)

Teen Men (one class)

Men Physique (one class)New★

**Women Open**

Light Wt. (up to 125)

Heavy Wt. (125 ¼ )

Masters Women over 40

Bikini Over 30(one class)

• Bikini (two class)

**Figure Open**

Figure Short (under 5'4)

Figure Med ( 5'4"up to 5'6")

Figure Tall (Over 5'6")

Teen Figure (one class)

Novice Figure

Figure Over 30 (one class)

Figure Over 40(one class)

Figure Over 50(one class)

Fitness (one class)

In consideration of accepting this entry, I hereby intend to be legally bound, for myself, my heirs, executors, or administrators waive any and all claims of damages against the NPC, , Deke Warner, Rosen Centre Hotel, Dr. Phillips High School representatives, and assignees for any and all injuries suffered by me at the said contest and in traveling to and from the said contest. **Teens Fitness and Figure , and Bikini competitors will be allowed to have a parent or guardian backstage.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print

\_\_\_\_\_  
Date

**If the contestant is under the age of 18 a parent or legal guardian must sign this form.**

The undersigned is the parent or legal guardian of the above mentioned minor and is entitled to the sole care, custody, and control of said minor. The Undersigned does hereby represent, agree, and guarantee that the undersigned consents to the execution by the minor of the Release.

Parent or Legal Guardian Signature \_\_\_\_\_ Print \_\_\_\_\_ Date \_\_\_\_\_

**Please make money order payable to Dennis Warner and mail to P.O. Box 616533 Orlando, FL 32861**